

Patient questionnaire (medical history)

Dear patient, welcome to our practice! To help us provide you with the best possible care, please fill in this questionnaire. All information is subject to medical confidentiality.

1 Personal details

Surname, first name		Date of birth
Street, postcode, town		Occupation
Phone	Mobile	Email
Previous family doctor		Emergency contact (name, phone)

2 Previous and current illnesses

Please tick all known conditions.

- | | | |
|---|--|--|
| ☐ Diabetes | ☐ High blood pressure | ☐ Heart disease |
| ☐ Stroke | ☐ High blood lipids | ☐ Thrombosis / pulmonary embolism |
| ☐ Poor circulation in the legs | ☐ Lung disease (asthma, COPD) | ☐ Thyroid disease |
| ☐ Kidney disease | ☐ Liver disease | ☐ Gastrointestinal disease |
| ☐ Cancer | ☐ Neurological disease | ☐ Mental health condition |
| ☐ Blood clotting disorder | ☐ Chronic infectious disease | ☐ Skin or eye disease |

Details / other conditions:

Operations / accidents (with year):

3 Medication

Please also include blood thinners, injections, sprays, patches, the contraceptive pill and supplements. **Only fill this in if you do not have a separate medication list** – otherwise simply bring it with you.

Medication	Strength (e.g. 5 mg)	morning	midday	evening	night

4 Allergies and intolerances

☐ No ☐ Yes, the following (especially to medication):

Name: _____

Date of birth: _____

5 Body and lifestyle

Height (cm)	Weight (kg)	Sport / exercise (what, how often?)
Smoking: ☐ Never ☐ Yes: _____ cig./day for _____ years ☐ Ex-smoker until _____		
Alcohol: ☐ No ☐ Occasionally ☐ Regularly, approx.: _____		
Currently: ☐ pregnant ☐ breastfeeding ☐ Hepatitis B / C ☐ HIV		

6 Other treatment and programmes

Seeing a specialist? ☐ No ☐ Yes, with: _____

Chronic disease programme (DMP)? ☐ CHD ☐ Diabetes ☐ Asthma ☐ COPD ☐ other

7 Screening and examinations

Last check-up (from age 35): _____	Colonoscopy: ☐ No ☐ Yes, on _____
Last ECG / exercise ECG: _____	Cardiac catheter: ☐ No ☐ Yes, on _____
Last 24-hour blood pressure test: _____	Last eye examination: _____
Last tetanus vaccination: _____	Vaccination record available? ☐ Yes ☐ No

8 Family history

Parents, siblings, grandparents

☐ Heart attack	☐ Stroke	☐ Diabetes	☐ High blood pressure
☐ Cancer	☐ Poor circulation in the legs	☐ Thrombosis	☐ Dementia

Details (who, at what age, which type of cancer): _____

9 Living situation

☐ In a relationship ☐ Single ☐ Widowed ☐ Children, number: _____ ☐ Care level (Pflegegrad)

Is there anything else important we should know? _____

10 Reminders and consent

May we remind you about due check-ups and vaccinations?

☐ No ☐ Yes, by ☐ phone ☐ SMS ☐ email

I confirm that my information is complete and correct to the best of my knowledge. I agree that Praxis Sennewald (joint practice of Dr. med. Rasmus M. Sennewald and Dr. med. Julia Sennewald) may store this information in my patient record and use it for my treatment. The data are subject to medical confidentiality and will only be passed on to third parties with my consent or on a legal basis. I can withdraw my consent to reminders at any time.

Date

Signature of patient (or legal representative)

Thank you! Please hand in this form at reception. Our doctors will be happy to help with any questions (our reception team speaks German only).